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KofC Temecula Valley Council 9964 P.O. Box 1939 Temecula, CA 92593

Knights Life



"Our Lady of Perpetual Help Pray for us" Temecula Valley Council 9964, Div V www.kofc9964.org



God Bless America

Vol. XXV September 2015 NUMBER 3

Position	Name	Phone		
Grand Knight				
Spiritual Advisor	Dea. Efren Ramirez	951-676-4403		
Dep. Grand Knight	Louis Tenorio	760-604-3965		
Chancellor				
Recorder	Nick Ventrone	951-302-5917		
Financial Secretary	Rich Ritchie	951-304-9806		
Treasurer				
Advocate	Paul Watkins	951-302-5326		
Warden	Jim Wainer	951-506-2443		
Inside Guard				
Outside Guard				
3yr Trustee				
2yr Trustee				
1yr Trustee				
Lecturer	Phillip Chavez	951-240-5656		
Program Director				
Church Activities				
Vocations Chairman				
Council Activities Director	Jim Wainer	951-506-2443		
Community Activities Director				
Youth Activities Director				
Family Activities Director	Jim Wainer	951-506-2443		
Culture of Life Chairman				
	Paul Watkins			
Health Services				
Degree Team Captain	Gil Aguilar	951-302-0118		
	Jim Koegel			
Membership Director				
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Recruitment 2	Jim Koegel	951-302-1283		
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District Deputy 128		310-418-1311		
caslombardo@hotmail.com				

Military - Please Pray for Our Brothers

Mike Radosevich	USAF
1,11110 1101000 11011	USAF
Aaron M. Lacey	
David G. Boone	USMC
JJ Chandler	USMC
William F. Fredericks Jr.	USMC
Martin F. LaPierre Jr.	USMC
Nicholas J. Morin	USMC
Ruben I. Pantoja	USMC
Joel R. Rauenhorst	USMC
Wade A. Sparks	USMC
Rick Wiggins	USMC
Diosdado A. Castro	USN
Michael A. Hoffman	USN
Romeo P. Insigne	USN
Romeo P. Lusung	USN
David W. Vaught	USN
James H. Dittman	USMC
Joe Moody	USA
Richard J. O'Kane	USN
Antonio Ortiz Jr.	USMC
Kyle Campbell	USMC
Art De La Cruz III	USA
Joe Colarossi	USMC
Joe Bordelon	USN
JOE DOIGEION	USIN

In their separation from their loved ones, hold them in your mercy and safety.

In their days and nights of endless waiting, hold them in your mercy and safety.

Until they are reunited with their families, hold them in your mercy and safety.

Until violence and repression end, hold them in your mercy and safety.

Until the hearts of the world open their cries, hold them in your mercy and safety. AMEN

Happy Birthday to All Of The September Knights

Michael	1	Herrera	9/1
Wade	<u>-</u>	Grier	9/3
Dennis	C	Cline	
Dennis	<u> </u>	Cilile	9/5
James	Α	Boano	9/6
Jose	R	Ibarra	9/6
Henry	F	Williams	9/6
Steve	G	Haflich	9/8
Edward	L	Healy	9/9
Robert	J	Heltmach	9/10
Anthony	R	Teets	9/12
Joseph	Р	Colarossi	9/13
James	Н	Koegel	9/16
Ruben		Padilla	9/17
Craig	J	Lyons	9/20
Thomas	Ε	Utley	9/21
Luis	G	Tenorio	9/22
Edward	W	Beaudet	9/23
Benito	E	Gonzales	9/25
Michael	J	Bacho	9/27
Jose	R	Godinez	9/27
Michael	Α	Jusi	9/30

Degree Team Notes

My Brothers,

Our July Degree brought in only two new members but one was a priest, Fr Divine, from Mother Theresa Council. None from Council 9964.

However we have two candidates lined up for the August Degree on the 25th.

No Team rehearsal in August but everything is almost back to normal in September with our rehearsal on the 4^{th} Tuesday (the 22^{nd}) and the Degree on the 29^{th} .

Jim Koegel Degree Team Co-Chairman

Grand Knight's Message

As you're reading this at the beginning of September, we've just finished up the first ever DDF Parish Fair. Brothers were hard at work at the Beer and Wine Garden, the Burgers and Polish booth, and helping assure the safety and security of the crowd. Others of you manned the DDF Booth the weekend of the 15th and 16th of August to sell DDF tickets with the rest of the Parish. Others of you bought or sold DDF Opportunity Drawing tickets as Worthy Warden Jim Wainer tracked the sales. Others came out and had a great weekend and enjoyed the fellowship. Whatever role you played, I hope it was an enjoyable experience for you.

Now it's our turn to have a great fun and fellowship event, Knight's style! Our 27th Annual Wine Tasting Event will be held on Friday, September 25th at Maurice Carrie Winery, 34225 Rancho California Rd from 6 to 9 pm. The evening includes 5 tastes of wine, a tour of the wine making areas of the Winery, a sausage sandwich, appetizers, a soft drink, and dessert. Have you been on any wine tasting trips lately? This can easily run \$30-\$40, but Council 9964, since they do all the work of setup, cooking, and serving, we can charge the bargain price of \$15...or only \$10 for the non-drinkers! An impossible to beat deal ANYWHERE in the Wine Country...but why would you want to try?

As a group, we work hard for this event. At the end we are tired, but happy with the brotherhood and fellowship we generate. We do hope to make some money to support our many charity causes, but after all, humble service to the Church and our families and neighbors is really the goal. We have a number of functional areas: setup, ticket sales, cooking, serving food, drinks, desserts, and appetizers, pouring wine, cleanup, opportunity drawings, and more. If you can help on Thursday (setup), Friday (all areas), or Saturday (takedown and reset in the Wagner building of tables and chairs), please call or e-mail me.

Don't forget our Monthly Business Meeting on September 1st at 7:30 pm. We don't have the use of DiLeo Hall for dinner, so join us at 6 pm in the Wagner Building courtyard, across from Room L-4. Brother Michael Bacho will bring in pizzas, and Brother Jim Koegel will make sure we have enough sodas and water. Thanks to both!

Our Calendar Planning Meeting is on September 8th at 7:30 pm. This is a less formal way to get together with our Brothers and find out what is happening in the Council.

Also, it is just getting spun up, but remember we will be posting our activity and degree schedule on our Web Page: www.kofc9964.org. There is a "Members Only" area, where you can log in with your member number and birth date. There you can submit prayer requests for a Brother or family member, or see other information about the Council. Let me know if

you'd like to help by working on a team to make sure the webpage has the latest and greatest info, and becomes a "one-stop shopping" for the Knights.

Take Care...and BE THERE!

Fraternally,

Jim Purpura Grand Knight, Council 9964

Retention News

Brothers:

Many thanks for approving the funds from our emergency account to help 5 active but financially distressed Brother Knights who are in arrears in their 2015 dues. Last year, your generous donations helped with their 2014 dues. At the time of this writing, I will be working with our DGK SK Luis Tenorio on getting their membership fees paid for with these funds and will follow up with other members who are behind. Please let the me or our DGK know if you are distressed or if can help fund another brother you know who is behind. There are several Brothers who currently owe. We will help any actively participating or ill Brother Knight who is financially strapped. The State Council will also assist us for any member we cannot contact.

Despite the fact that several members are in arrears, *quality* members who want to serve are certainly on the up with the increased direct participation levels at our Business and Calendar Planning Meetings. Keep up the good work.

I'll also be calling all 1st Degree Knights and will invite them to our next upcoming 2nd Degree Exemplification in Murrieta. Mark your calendars for Tuesday, September 15. Carpool from St. Catherine leaves at 6:30pm. Candidate arrival and registration is 7pm. Exemplification is 7:30pm. Dinner and refreshments, for a free-will donation, to be served afterwards. Dress attire is business casual. I'll also invite their proposers.

Vivat Jesus! SK Nick Ventrone

Brothers:

The Youth Mass at St. Catherine's will be in full swing later this month for the 6PM Sunday evening Mass. We've already begun phasing in some of the exciting youth-oriented features including a new youth choir, additional music and lyrics displayed on the screens through M3. Once the Youth Mass kicks off, I'll be engaging the fathers of these youth to get active as well which includes proposing membership into the Knights of Columbus. Parish staff member and Youth Director Diane Axline has big plans to get the parents more active in the faith.

Also, the St. Catherine's Faith Formation program will also be live once again this month. The K-5 and middle school programs have been moved to Wednesday evenings. Spanish faith formation will meet Monday nights. High school youth will continue to meet Sunday afternoons.

Vivat Jesus! SK Nick Ventrone, PFN 951-775-3739

9th Annual "Birdies for Bread" Golf Tournament and Dinner Proceeds benefit the St Vincent de Paul food pantry

PALA MESA GOLF RESORT Friday, September 18, 2015 11:30 AM Check-in 1:00 PM Shotgun Start



Information and entry form: www.birdiesforbread.com

Contact: Ed Healy (951)326-0973 birdiesforbread@gmail.com

A MAN'S MULTIPLICATION

Dr. Phillip F. Chavez

There stands an interesting lesson for men found in the early part of the Gospel of John, chapter six. Jesus takes his disciples up a mountain and a crowd comes forward to hear his amazing words and experience His healing hand. But there is a problem. They need to eat, and they are at a distance from the mall. So he poses the question to Philip, "Where can we buy enough food for them to eat?" And the disciple responds:

"Two Hundred days' wages worth of food would not be enough."

Of course, Jesus knew what Philip's reply would be. But through this question, it shows the mentality of Philip and the disciples: they lack faith. Their minds appear clouded about Our Lord's ability to perform a miracle—something they have seen him perform many times over. Later, Andrew chimes out, "There is a boy here who has five barley loaves and two fish; but what good are these for so many?"

From this response, Andrew's manifests faith at a slightly higher level.

According to John Chrysostom, because Andrew points out a boy with five loaves and two fish, he is aware of Elijah's miracle, by which 100 men were fed with twenty loaves. But his faith is not much greater, for the disciple adds "what good are these for so many?" Chrysostom points out Andrew's great blunder: Our Lord can just as easily feed the multitude from a few fishes as from many. Andrew does not make that connection

Miraculously, despite the starting amount, "they had had their fill."

This episode offers a huge lesson for us men: we cannot limit what God can do with even a little bit. Like Philip and Andrew, men often lean upon the assessment of what they have in front of them, instead of upon the One of power. As providers, men have it high on their radars to take exact account of what they possess, and reckon to the dollar what can be covered—blinded to God's capabilities.

The Creator can feed a multitude from any amount – or from nothing.

For many men it is not easy to hold faith in their earning power to cover their necessities. Several men today fear their own financial situation and doubt its ability to support their families. In this regard, Christian men stand weak in faith like Philip and Andrew. They allow physical reality—that which can be clearly seen and touched—to limit faith in God's ability to cover legitimate needs.

Multiplication becomes effected for the better putting faith in God's calculator.

Health Services

Coping with the Heat

It is that time of the year when the weather is hot. Exposure to intense heat, sun, and high humidity can cause heat-related illnesses, such as heat exhaustion, heat cramps, and heat stroke (also known as sun stroke). As the body works to cool itself under extreme or prolonged heat, blood rushes to the surface of your skin. As a result, less blood reaches your brain, muscles, and other organs. This can interfere with both your physical strength and your mental functions, leading, in some cases, to serious danger.

During extremely hot weather, precautions should be taken to avoid heat-related complications. Those who take certain medications for high blood pressure, depression, or allergy are at greater risk. Use common sense as you go about your daily routine. Eat a balanced diet and drink plenty of fluids; at least 8 to 10 tall glasses of liquid each day. You should be drinking enough fluid that your urine is clear or pale yellow. Avoid prolonged outdoor activities such as hard labor, jogging, tennis, racquetball, etc. If you feel you must exercise, swimming or the air conditioned gym are recommended. If you must do heavy outdoor activity take regular breaks in a cool place. Dress in lightweight, well-ventilated clothing, and wear a wide-brimmed hat. Use sunscreen to prevent sunburn, which can hinder the skin's ability to cool itself. It is important to avoid alcohol and caffeine, which cause dehydration. Clear liquids are best - preferably water. Other good choices include lemonade and juices.

HEAT CRAMPS

Heat cramp symptoms include:

- Severe, sometimes disabling, cramps that typically begin suddenly in the hands, calves or feet.
- Hard, tense muscles.
- Heat cramps can usually be alleviated by escaping the heat, drinking salty beverages, and eating salty foods. Gentle massage or firm pressure applied to cramping muscles can alleviate spasms. In severe cases, intravenous fluids and salts may be needed. If your heat cramps do not go away, call your doctor.

HEAT EXHAUSTION

Heat exhaustion is a condition brought on when the body's temperature control system is overloaded. The body normally cools itself by sweating, but sometimes sweating is not enough.

Signs and symptoms of heat exhaustion are:

- Gradual fatigue and weakness
- Anxiety and nausea
- Profuse sweating with cold, clammy skin
- Pale color
- Dizziness, headache, blurred vision
- Muscle cramps

- Fainting
- Increased pulse rate

To treat heat exhaustion:

- Go to a cool or shady area.
- Lie down flat or with head slightly elevated.
- Remove excess clothing.
- Drink small amounts of water every few minutes. Sports drinks (with less than 6% glucose) help replace the salt which has been lost. NO alcohol or caffeine. Plain water with 1 teaspoon salt added per quart.
- Place a bag of ice or cool cloth on forehead, back of neck, groin, and under armpits. Do not use an alcohol pad.
- Allow adequate time to rest.
- Avoid heavy activity for the rest of the day.

For further assistance, call your doctor.

HEAT STROKE

Heat stroke is a more serious condition in which the body fails at regulating its own temperature. This condition happens abruptly and is considered an emergency.

Signs and symptoms of heat stroke are:

- Absence of Headache, dizziness
- sweating
- Hot, red and dry skin
- Elevated temperature
- Unconsciousness or markedly abnormal mental status
- Seizures

If any of these symptoms are present:

- Call 911 for emergency assistance as soon as possible.
- Place the person in a shady or air-conditioned area.
- Remove excess clothing.
- Place in a cool bath if person is conscious and someone is in constant attendance. Alternatively, sponge skin with cool water. Place a bag of ice or cool cloth on forehead, back of neck, groin, and under armpits. DO NOT use an alcohol rub.
- Sponge with cool water.
- If the person is conscious and alert, offer sips of liquids.
- Wait for emergency help to arrive. If unconscious or confused, do not give fluids because of danger of choking.

Wishing you good health, Dr. Michael E. Tucci, D.C.

Field Agent's Corner

Raising Awareness About Life Insurance

Each September since 2003 has been designated as Life Insurance Awareness Month. Like most awareness-raising campaigns, Life Insurance Awareness Month was created because there is an overwhelming lack of understanding of life insurance, its uses, its benefits, and its variations among the general public. Each year, the Life Insurance Market Research Association (LIMRA) puts out the results from a recent survey, and unfortunately, the numbers they report continue to be discouraging.

A recent survey found that more than 75 percent of people polled did not have a personal financial advisor, even though 68 percent of them said their opinion of the current economic conditions was somewhat unfavorable or very unfavorable.

In other words, a majority of those surveyed were uncomfortable with the economy and the uncertainty it brings, yet they did not seek professional assistance. Maybe they spoke with their friends and family. Maybe they hoped the instability would go away on its own. Maybe they did not know to whom to turn.

If you fall into this category, please remember that as a member of the Knights of Columbus, you have a full-time, professional agent you can call your own. My primary responsibility is the care and service of your family's life insurance, retirement and long-term care needs. I'll answer your questions because I want your decisions to be informed ones. I want to help.

Another LIMRA statistic said 43 percent of people did not buy life insurance because they worry about "making the wrong decision." Talk with me, your agent, and, afterwards, you'll understand that the only wrong decision was not purchasing sooner to protect your family's future.



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My Field Agent Site

Assisted Suicide Proponents Announce New Assisted Suicide Bill They Use a Political Tactic to Force a Rush to Judgment.

Your action is needed now to help stop a new effort by pro-suicide advocates Compassion & Choices (formerly the Hemlock Society) as the re-launch efforts to pass assisted suicide in California. A press conference is being held today to announce a new political "tactic" to get around those Democrat and Republican legislators that oppose assisted suicide.

AB 215 (Eggman) will be introduced into an Assembly special session by authors Sens. Bill Monning, Lois Wolk and Asm. Susan Eggman. The bill is very similar to SB 128 which failed to get support in the traditional committee and legislative process this past July.

You can make a difference by calling or emailing your California State Senator and Assembly member today. Urge them again to OPPOSE Assisted Suicide.

Assisted suicide proponents failed to get support for their bill before the legislative deadline, so now they are playing politics with a life and death issue. Assisted suicide is too serious an issue for these type of last minute maneuvers.

End-of-life prognoses are difficult and can be inaccurate; years of living a good life could be taken. People who are told they have 6 months to live often go on to live many years past the initial prognosis. Nothing prevents these laws from being expanded to include individuals with longer prognoses or people "suffering" from other illnesses or disability. The longest and most studied examples of assisted suicide laws in Europe provide evidence for the expansion argument.

Doctors could inaccurately determine a patient's state of mind given there is no requirement for a psychiatrist or mental health professional to do an evaluation if the patient's doctor believes the patient is of sound mind.

The lethal prescription is not a safe and peaceful death. Recent evidence suggests that attempts at physician-assisted suicide often meet with unexpected complications. Barbiturates are the most common substances used for assisted suicide overdoses in Oregon and are known to cause distress. While people look to physician-assisted suicide to relieve pain, these drugs are also known to cause extreme gasping and muscle spasms. They can cause a person to vomit and then inhale the vomit. They can also cause feelings of panic or terror along with violent behavior that takes place from the drug-induced confusion.

Californians Against Assisted Suicide is a coalition of disability rights, healthcare, civil rights, patient advocacy and faith-based organizations dedicated to preventing legalization of doctor assisted suicide in California.

NoAssistedSuicideCA.org

God be with all of us!

Thomas Marmolejo PGK, Viva Cristo Rey!

Vocational discernment in the Catholic Church

Vocational discernment is the process in which men or women in the <u>Catholic Church</u> discern, or recognize, their <u>vocation</u> in the Church. The four vocations are the married life, single life, religious life, and ordained life. Vocational discernment is often spoken about only in relation to priestly or <u>religious</u> vocations. It has been argued that this common restriction of the term is a mistake, III and even decreases religious vocations, because it discourages people who don't immediately feel called to the clerical state or consecrated life from engaging in vocational discernment.

Men

For men there are a number of vocations in the Catholic Church. The best known is the vocation to the <u>Priesthood</u>, as either a diocesan or a <u>religious</u> priest. A diocesan priest serves in a particular diocese and is under the local <u>bishop</u>. A religious priest (in this sense) is a member of a specific religious institute such as the <u>Trinitarians</u>, <u>Holy Cross Fathers and Brothers</u> or <u>Jesuits</u>.

In addition, men may be called to religious life as a non-ordained <u>friar</u>, <u>monk</u> or a <u>Brother</u>. Friars are members of <u>mendicant orders</u>, such the <u>Franciscans</u> or <u>Augustinians</u>. Monks are usually members of cloistered communities. Friars, monks, and religious Brothers all take vows of poverty, celibate chastity, and obedience. <u>Benedictine</u> monks take a vow of stability, which is a commitment to their particular community. Members of <u>societies of apostolic life</u>, without taking <u>religious vows</u>, emphasize apostolic service and are fully active in society.

Other vocations for men in the Catholic Church include those to being permanent deacons, hermits, and consecrated members of a secular institute.

Women

For women, vocational discernment would consist of feeling called to <u>marriage</u>, the life of a <u>religious sister</u> or <u>nun</u>, a consecrated member of a <u>Secular Institute</u>, or a <u>Consecrated Virgin</u>. The Catholic Church does not consider possible <u>ordination of women</u> to the priesthood. Religious sisters are similar to active <u>religious brothers</u>. Nuns, in the strict sense of the word, correspond to <u>monks</u>.

Since the Second Vatican Council, it has become more popular to consider committed single life, marriage, parenthood, and many other services as "lay" vocations, since each also requires a commitment to Christian faith and practice.

Vocation to marriage

Traditionally the term <u>vocation</u> was used in the Catholic Church only to refer to priestly or religious vocations, the vocation to live a life directly consecrated to God. <u>Thomas Aquinas</u>, e.g., only explicitly uses the term vocation to refer to vocation to grace or conversion, or to enter religious life, though it has been argued that his teaching may be logically extended to include marriage as a vocation. In the 20th century there has been a growing movement to extend the use of the term widely. The <u>Second Vatican Council</u> taught that *all* Christians, whatever their state, are called "to the fullness of the Christian life and to the perfection of charity". The conclusion drawn from this principle is that any way of life that can be a full expression of Christian charity, and a means for growing towards the perfection of it, can be a vocation. Pope John Paul II taught that "there are two specific ways of realizing the vocation of the human person, in its entirety, to love: marriage and virginity or celibacy".

September 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Business Meeting 7:30pm Library NO DINNER	Pro Life Rosary 8-9 a.m. Across from the Temecula Ramada Inn	3	First Friday Stations of the Cross 6:30 p.m. St. Catherine's	5
No Donuts this weekend	7 LABOR DAY	8 9964 Calendar Planning meeting Library 7:30 pm	9 Pro Life Rosary 8-9 a.m. Across from the Temecula Ramada Inn	10	ADVC Officers Meeting Colton Council 8:00 p.m.	12
Coffee & Donut Sales after 8am & 10am Masses	14	Second Degree St. Martha's Blessed John Newman Hall Family Life Center Reg. 7:00pm Degree 7:30 pm	Pro Life Rosary 8-9 a.m. Across from the Temecula Ramada Inn	17	Deadline for Bulletin Articles	19
Coffee & Donut Sales after 8am & 10am Masses	21	1st Degree Rehearsal Library 7:30 p.m.	Pro Life Rosary 8-9 a.m. Across from the Temecula Ramada Inn	4 th Degree Meeting Murrieta 6:30 p.m.	26th Annual Wine Tasting Social, Maurice Carrie Winery — 6:00 pm	26
Coffee & Donut Sales after 8am & 10am Masses	28	First Degree DiLeo Hall 7:30 p.m.	30 Pro Life Rosary 8-9 a.m. Across from the Temecula Ramada Inn			